

# PLASTIC-FREE JULY USE THIS, NOT THAT!

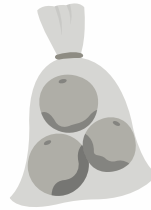
With so much plastic surrounding us, it may feel overwhelming to get started on your plastic-free journey. Here are some easy swaps to get you started!



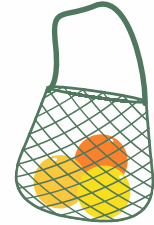
Plastic bags



Reusable or paper bags



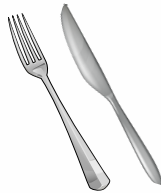
Single-use produce bags



Reusable cloth bags - or use none!

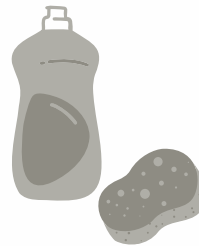


Plastic utensils



Silverware

\*Tip: keep a set of utensils in your glove compartment so you always have a reusable option



Plastic dish soap bottles



Solid dish soap bar



Plastic water & soda bottles



Reusable glass/steel or canned beverages

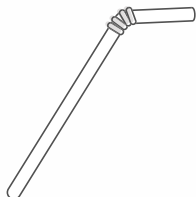


Plastic haircare bottles

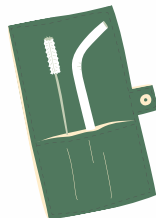


Solid shampoo bars

Check out Superzero at PW Farmers' Market!



Plastic straws



Metal/glass straws or use none!



Plastic laundry detergent bottles



Powdered detergent or laundry sheets



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